

YOUNGER YEARS ACTIVITY: FROM LEAF TO CUP



Activity Overview

Children will explore the journey of tea from farm to cup through storytelling, role play, and a creative matching game. The activity introduces Fairtrade values in a simple, engaging way.

Part 1: Story Circle – A letter from Kenya

Materials:

- Simplified version of the letter from Kenyan tea farmers
- A globe or map to show Kenya

Instructions:

- Read aloud the friendly letter from Kenyan tea farmers.
- Show Kenya on the map and explain that this is where some tea comes from.
- Ask simple questions:
 - Who grows our tea?
 - What do farmers need to live well?
 - What does Fairtrade mean?

Part 2: Tea journey role play

Materials:

- Role cards: Tea farmer, Tea worker, Factory worker, Shop worker, Buyer
- A large poster or floor mat with a tea journey path

Instructions:

- Assign each child a role and card.
- Walk through the tea journey: Tea farmer → Tea worker → Factory worker → Shop worker → Buyer.
- As each child steps forward, they say one sentence about their role

Tea farmer: I grow the tea plants!

Tea worker: I pick the tea leaves!

Factory worker: I dry and pack the tea!

Shop worker: I sell the tea to people!

Buyer: I drink the tea!

Part 3: Match & stick game

Materials:

- Glue sticks and A3 paper

Instructions:

- Cut the role cards up, separate the image from the description.
- Children match images and descriptions to the correct part of the tea journey.

Part 4: What can we do?

Discussion prompts:

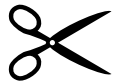
- Why is it good to choose Fairtrade tea?
- What can we do at home or school to help?

Wrap-Up:

End with a simple chant:

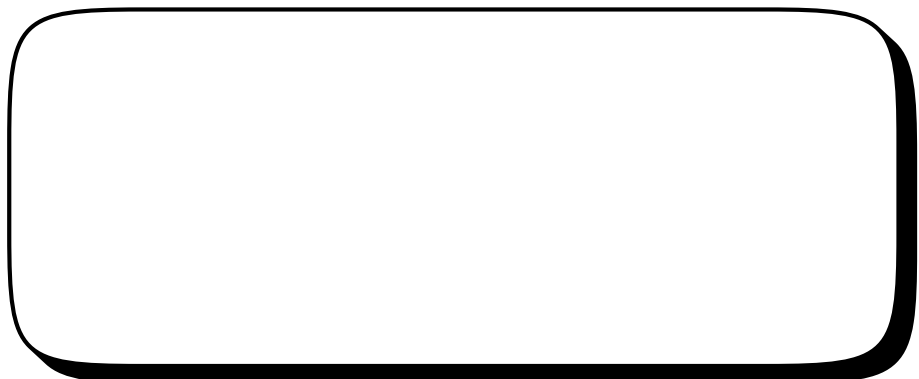
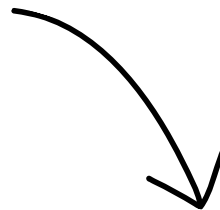
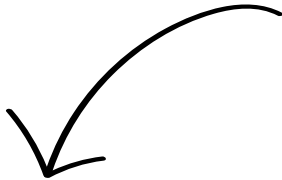
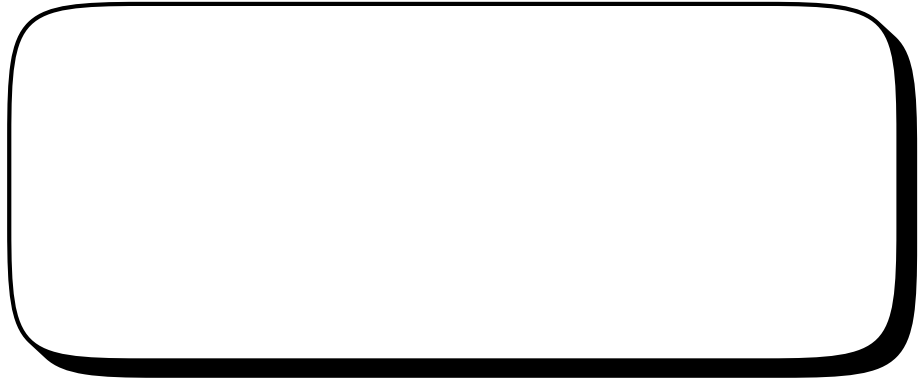
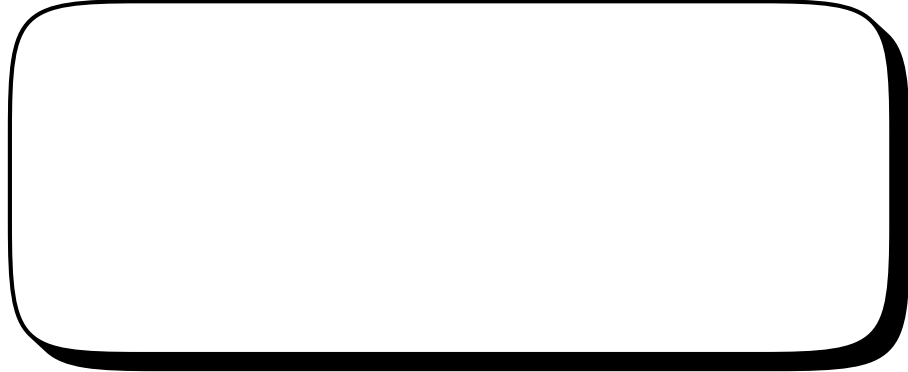
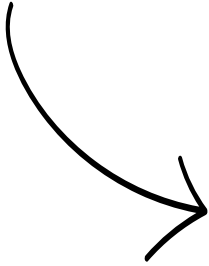
“Fairtrade tea, fair and kind,
Helps the farmers, peace of mind!”

ROLE CARDS



 A cartoon illustration of a person wearing a wide-brimmed hat, a blue shirt with yellow polka dots, and blue overalls. They are holding a large silver pitchfork.	<p>Tea farmer: I grow the tea plants!</p>
 A cartoon illustration of a person in a purple shirt and yellow pants, carrying a large woven basket filled with green tea leaves on their back. They are holding a small green leaf in their hand.	<p>Tea worker: I pick the tea leaves!</p>
 A cartoon illustration of a white tea bag with a green string and a green tag. The bag is filled with brown tea leaves.	<p>Factory worker: I pack the tea!</p>
 A cartoon illustration of a person in an orange shirt and pink pants pushing a shopping cart.	<p>Shop worker: I sell the tea to people!</p>
 A cartoon illustration of three people (two men and one woman) sitting around a table, drinking from red cups. Steam is rising from the cups.	<p>Buyer: I drink the tea!</p>

TEA JOURNEY



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